

VOICE INSTITUTE OF NEW YORK CRONIC COUGH FORM

Is your main problem COUGH? _____ ; For how many years? _____.

When your cough began, had you had a respiratory infection, cold, the flu, or other illness? _____.

Had a chest x-ray within the last two years? _____; Normal? _____.

Have you seen a pulmonologist (lung doctor)? _____.

Are you on blood pressure medicine? _____; Which? _____.

Chronic Cough Index (CCI) (R= Reflux, N= Neurogenic)

Please circle "Yes" or "No" for all ten questions (no maybes)

Do you awaken from a sound sleep coughing YES NO
violently, with or without trouble breathing?

Do you have choking episodes when you cannot YES NO
get enough air, gasping for air?

Do you usually cough when you lie down into YES NO
the bed, or when you just lie down to rest?

Do you usually cough after meals or eating? YES NO

Do you cough when (or after) you bend over? YES NO

Do you more-or-less cough all day long? NO YES

Does change of temperature make you cough? NO YES

Does laughing or chuckling cause you to cough? NO YES

Do fumes (perfume, automobile fumes, burned YES
toast, etc.) cause you to cough? NO

Does speaking, singing, or talking on the phone YES
cause you to cough? NO

R _____ | _____ N

Now, add the two columns up to derive the Reflux-to-Neurogenic ratio

NB: This form and information only applies to people with non-pulmonary chronic cough. If your R:N ratio is 10:0 (or even 9:1 or 8:2), you most certainly have reflux as the primary cause of your cough. Conversely, if your R:N ratio is 0:10 (or even 1:9 or 2:8), you most certainly have a neurogenic cough. All other scores imply that you probably have both reflux-related and neurogenic cough.

FOR MORE, SEE THE CHRONIC COUGH ENIGMA